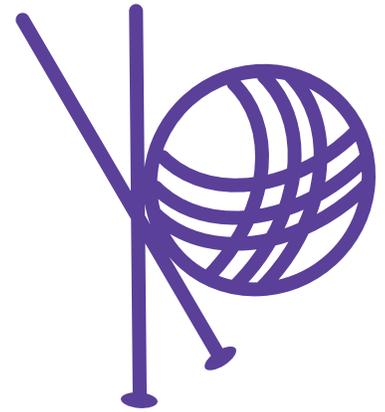
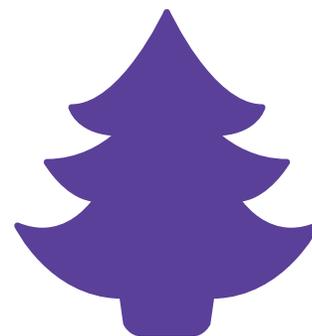
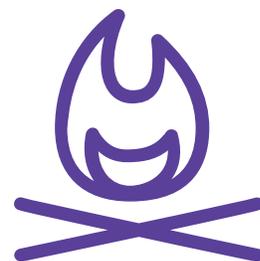


100 Activity Ideas for Bigs and Littles

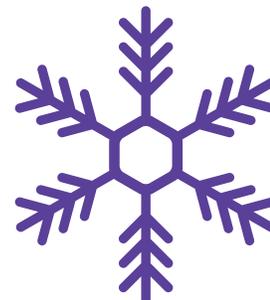
1. Make friendship bracelets
2. Volunteer with the Food Bank
3. Pamper your pet with a deluxe bath and fur fluff out!
4. Go swimming
5. Learn how to play checkers or chess together
6. Learn how to knit together
7. Make a sand sculpture
8. Make jam or jelly together
9. Play ultimate Frisbee
10. Do a sewing project together
11. Trace each other's bodies on a big sheet of paper and decorate yourselves
12. Make and fly a kite
13. Go for a city scavenger hunt
14. Have a pillow fight
15. Have a spa night and make facials from scratch
16. Go stargazing
17. Experiment with face paint
18. Start a petition about something you both care about.
19. Pick up litter at a park or beach
20. Make homemade lip balm
21. Learn a jump rope routine
22. Go to the library and get out a book on a subject you don't know anything about
23. Make an epic sidewalk hopscotch board
24. Make a silly paper hat and wear it outside
25. Bike on the sea wall



26. Go seal spotting at Granville Island
27. Learn about vegetable and fruit carving
28. Have a beach or park barbeque
29. Eat a fruit or vegetable you've never tried
30. Do pet portraits
31. Make silly photos with a free app
32. Learn how to make bread or pizza dough
33. Make a campfire (where allowed) and make s'mores
34. Do yoga together
35. Learn how to do fancy hair braids
36. Read the same book and talk about it
37. Make sock puppets
38. Have a tea party
39. Give each other manicures or pedicures
40. Collect fall leaves and make a centerpiece
41. Make up your own recipe
42. Play croquet
43. Bake some dog or cat treats
44. Play tetherball
45. Set up a dominos cascade and watch it go
46. Go to a park you haven't been to before
47. Learn how to build a house of cards
48. Play mini golf
49. Play pool or learn how to play snooker
50. Plant some vegetables
51. Paint a picture of each other using finger paints
52. See if you can spot a beaver dam at Habitat Island in False Creek
53. Make a lantern and go on a night walk
54. Explore Richmond Nature Park
55. Make a collage
56. Record the recipes you make in your own cookbook



57. Go to the beach, turn over some rocks and learn about the little sea creatures
58. Make a wind mobile for outside
59. Learn how to make Ukrainian Easter Eggs
60. Build a snow animal
61. Make hot chocolate from scratch
62. Play twister
63. Learn a dance routine together
64. Make your own Chex mix
65. Start a Pinterest board just for you and your Little
66. Make candles
67. Make a papier mache piggy bank
68. Make an agility course for your pet
69. Come up with a workout routine
70. Write a letter to your MP about something you're passionate about or start a petition
71. Do some sidewalk chalk art
72. Get dressed up and have a fancy coffee
73. Learn how to ride the skytrain to a place you've never been before.
74. Play scrabble or boggle
75. Learn about each other's cultures
76. Make a potato battery
77. Do a random act of kindness
78. Build your own crazy nachos or tacos
79. Explore a part of the city you haven't been to before
80. Rent an instrument at the Central Branch library and jam out in one of their recording rooms
81. Make your own greeting cards
82. Make a healthy meal
83. Plant flowers that attract butterflies or scatter wildflower seeds in an empty lot
84. Make a fairy garden



85. Get a BC nature book and see how many animals or plants you can spot at a park or your neighbourhood
86. Make and use water balloons
87. Go to Lynn Canyon, collect rocks and paint them
88. Make a bird feeder
89. Listen to each other's favourite songs and learn about the singers and bands
90. Make a pizza
91. Visit animals at the SPCA
92. Get out a book on insects and learn about creepy crawlies
93. Learn a spooky story for Halloween together
94. Have a water gun battle
95. Go for a hike at Lighthouse Park
96. Make a DIY snow globe or glitter jar
97. Put a letter in a bottle
98. Make and decorate cupcakes
99. Make DIY valentines for your friends
100. Track your activities in a scrap book together!



Contact Us

34 E. 12th Avenue
Vancouver, BC V5T 2G5

P: 604.873.4525

F: 604.873.2122

E: info@bigsisters.bc.ca

Follow @BigSistersBCLM

     #MentoringMatters